



Sean Lowe: Foodservice Director

# JUNE

<p><b>Served Daily:</b>  <b>Sandwich Line: \$3.00</b>          - Chicken Salad Wrap          - Turkey Roll Up          - Ham and Cheese          - Buffalo Chicken          - Uncrustables (PB &amp; J)          - Italian Grinder          - Bologna Sandwich          - Tuna Salad Wrap          - Mixed Veggie Wrap          - Italian Meatball Sub          - Egg Salad Sandwich</p> <p>Daily Sides:          Mon – Garden Salad          Tues – Corn &amp; Black Bean          Wed – Baby Carrots          Thurs – Edamame Salad          Fri – Sliced Cucumbers</p> <p>*Assorted Lite Dressings          *Assorted Condiments          *Assorted Fruits          *All grain products are whole grain or whole wheat          *All meals come with 8 oz milk          *Gluten Free meal options available</p>	<p><b>Prices:</b>          Breakfast: \$1.50          Reduced Breakfast: \$0.25          Lunch: \$3.00          Reduced Lunch: \$0.40          Staff Breakfast: \$1.75          Staff Lunch: \$4.00</p>	<p><b>Daily Breakfast:</b>          - Assorted Muffins          - Assorted Cereals          - Yogurt Parfaits          - Fresh Fruit          - Assorted Milks and Juices</p>			<p><b>Rotating Breakfast Specials:</b>          Mon-Whole Grain Bagel &amp; Cream Cheese          Tues- French Toast          Wed- Egg and Cheese Quesadilla          Thurs- Pancakes          Fri-Scrambled Eggs and Toast</p>
	<p><b>Monday-5</b></p> <p><b>Main entrée:</b>          Creamy mac &amp; cheese</p> <p><b>Sides:</b>          Buttered peas          Dinner roll</p>	<p><b>Tuesday-6</b></p> <p><b>Main entrée:</b>          Buffalo or plain chicken nuggets with rice pilaf</p> <p><b>Sides:</b>          Broccoli          Dinner roll</p>	<p><b>Wednesday-7</b></p> <p><b>Main entree:</b>          Grilled pepperoni &amp; cheese melt</p> <p><b>Sides:</b>          Creamy tomato basil soup with parmesan cheese          French bread</p>	<p><b>Thursday-8</b></p> <p><b>Main entree:</b>          Burger bar- with Cheese, lettuce, tomato, pickles, onions, banana peppers          Jalapeños and fries</p> <p><b>Sides:</b>          Tomato basil bean salad</p>	<p><b>Friday-9</b></p> <p><b>Main Entrée:</b>          Homemade School Pizza</p> <p><b>Side:</b>          Fresh Fruit          Garden Salad</p>
	<p><b>Salad Bar</b>          Iceberg Lettuce          Romaine Lettuce          Assorted vegetables and toppings          Cottage Cheese          Shredded Cheese          Ham          Chicken          Croutons          French Bread          Dressings: Lite Italian, Ranch, Balsamic, rasp. Vin, Caesar</p> <p><b>Chicken Sandwich</b>          Breaded chicken breast fillet on a hamburger roll</p> <p><b>Sides:</b>          Veggie of the day          Side salad          Fresh fruit</p>	<p><b>Salad Bar</b>          Iceberg Lettuce          Romaine Lettuce          Assorted vegetables and toppings          Cottage Cheese          Shredded Cheese          Ham          Chicken          Croutons          French Bread          Dressings: Lite Italian, Ranch, Balsamic, rasp. Vin, Caesar</p> <p><b>Chicken Sandwich</b>          Breaded chicken breast fillet on a hamburger roll</p> <p><b>Sides:</b>          Veggie of the day          Side salad          Fresh fruit</p>	<p><b>Salad Bar</b>          Iceberg Lettuce          Romaine Lettuce          Assorted vegetables and toppings          Cottage Cheese          Shredded Cheese          Ham          Chicken          Croutons          French Bread          Dressings: Lite Italian, Ranch, Balsamic, rasp. Vin, Caesar</p> <p><b>Chicken Sandwich</b>          Breaded chicken breast fillet on a hamburger roll</p> <p><b>Sides:</b>          Veggie of the day          Side salad          Fresh fruit</p>	<p><b>Salad Bar</b>          Iceberg Lettuce          Romaine Lettuce          Assorted vegetables and toppings          Cottage Cheese          Shredded Cheese          Ham          Chicken          Croutons          French Bread          Dressings: Lite Italian, Ranch, Balsamic, rasp. Vin, Caesar</p> <p><b>Chicken Sandwich</b>          Breaded chicken breast fillet on a hamburger roll</p> <p><b>Sides:</b>          Veggie of the day          Side salad          Fresh fruit</p>	<p><b>Salad Bar</b>          Iceberg Lettuce          Romaine Lettuce          Assorted vegetables and toppings          Cottage Cheese          Shredded Cheese          Ham          Chicken          Croutons          French Bread          Dressings: Lite Italian, Ranch, Balsamic, rasp. Vin, Caesar</p> <p><b>Chicken Sandwich</b>          Breaded chicken breast fillet on a hamburger roll</p> <p><b>Sides:</b>          Veggie of the day          Side salad          Fresh fruit</p>



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	<p><b>Monday-12</b></p> <p><b>Main Entrée:</b>          Chicken &amp; cheese quesadilla          Yellow rice &amp; beans          Tomato basil bean salad</p>	<p><b>Tuesday-13</b></p> <p><b>Main Entrée:</b>          Marinated roasted whole chicken  <b>Side:</b>          Home          Fresh Fruit fried potatoes          Butternut squash          Fresh fruit</p>	<p><b>Wednesday-14</b></p> <p><b>Main Entrée:</b>          Monty Tech chicken bowl- layers of popcorn chicken, corn, mashed potatoes, cheese and gravy  <b>Side:</b>          Fresh Fruit</p>	<p><b>Thursday-15</b></p> <p><b>Main Entrée:</b>          Taco salad bowl- layers of Taco meat, rice, lettuce &amp; cheese w/jalapeños, banana peppers, olives &amp; tomatoes  <b>Side:</b>          Mexican corn          Fresh fruit</p>	<p><b>Friday-16</b></p> <p><b>Monty Tech Pasta Bowl:</b>          Shell macaroni with your choice of sauces:          Marinara, alfredo, butter and parmesan          Sausage &amp; Meatballs          Garlic bread</p>
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	<p><b>Monday-19</b></p> <p><b>Main entrée:</b>          Chicken picatta          With penne pasta</p> <p><b>Sides:</b>          Braised chick peas          Dinner roll</p>	<p><b>Tuesday-20</b></p> <p><b>Main entrée:</b>          Cheddar &amp; BBQ glazed          Meatloaf with mashed potatoes</p> <p><b>Sides:</b>          Carrots          Dinner roll</p>				